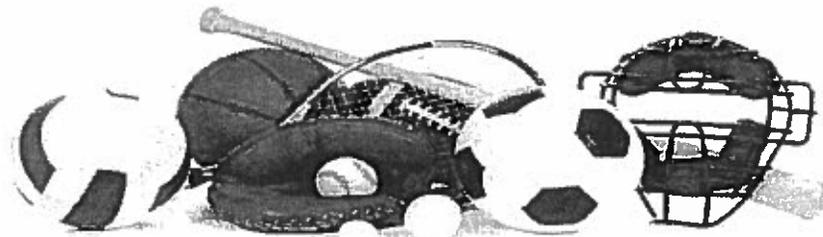


**ELLENVILLE CENTRAL SCHOOL
DISTRICT**

**DEPARTMENT OF HEALTH,
PHYSICAL EDUCATION AND
ATHLETICS**

Blue Devils



**STUDENT ATHLETE HANDBOOK
&
ATHLETE CODE OF CONDUCT**

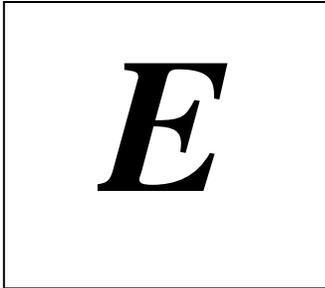
2019-2020 SCHOOL YEAR

**ELLENVILLE CENTRAL SCHOOL DISTRICT
TABLE OF CONTENTS**

❖ Student Athlete and Parent Letter-----	Page 1
❖ Statement of Philosophy and Introduction -----	Page 2
❖ Athlete’s Code of Conduct-----	Page 3
❖ Overview of Code of Conduct-----	Page 3
❖ Eligibility – State and School -----	Page 4 & 5
❖ Attendance-----	Page 6
❖ Commitment-----	Page 7 & 8
❖ Conduct-----	Page 8
❖ Care of Uniforms & Equipment-----	Page 9
❖ Transportation & Away Contests-----	Page 9 & 10
❖ Training-----	Page 10
❖ Accidents & Injuries -----	Page 11
❖ Individual Coaches Expectations-----	Page 12
❖ Due Process-----	Page 12
❖ Choice & Consequence -----	Page 13 & 14
❖ Athletic Contract-----	Page 15
❖ Unsportsmanlike Conduct Rule-----	Page 16 & 17
❖ Varsity Letter Criteria.....	Page 18
❖ Overview of Other Procedures & Documents-----	Page 19
❖ Athlete’s Pledge Form-----	Page 20
❖ Student/Parent/Participation & Insurance Form-----	Page 21
❖ Emergency Medical Consent Form-----	Page 22
❖ Authorization for team Membership Form-----	Page 23
❖ Interval Health History for Sports Participation -----	Pages 24/25
❖ NYS School Health Examination form for Private Physical (if needed) -----	Pages 26/27
❖ Provider and Parent Permission to Administer Medication form -----	Page 28

Appendices

A) NYSPHSAA Transfer Rule



Ellenville Central School District
Student Athlete Handbook
& Athlete Code of Conduct

DEAR STUDENT ATHLETE AND THEIR FAMILIES:

Welcome to the Interscholastic Athletic Program of the Ellenville Central School District. The athletic program has been designed to enhance the overall student experience. Participation in athletics provides our student athletes with the opportunity to develop physically, mentally and emotionally. The development of physical fitness, athletic skills, leadership, self-discipline, self-esteem, loyalty, cooperation, and self-motivation, sense of fair play, social attitudes and behaviors, along with developing friendships are promoted through participation in athletics. The objective of the Ellenville Central School District's athletic program is to complement the objectives and policies of the school district to develop well-rounded individuals who are capable of taking their place in today's society.

This handbook contains important information defining requirements, expectations, rules, and regulations for all students involved in our athletic programs. To promote a clear understanding of the Ellenville sport experience, each athlete and their parents are expected to thoroughly read the Athlete's Handbook. After familiarizing himself/herself with its contents, the student athlete must sign and return the Athlete's Pledge found on page 20.

Please feel free to call me at 647-0134 if you have any questions regarding our program or the Athlete's Pledge. I look forward to working with you and supporting your participation this year.

Yours in sports,

Kermit Moyer
Director of Health, PE and Athletics

STATEMENT OF PHILOSOPHY

The primary role of the interscholastic athletic and co-curricular activities program in the Ellenville Central School District is to promote the physical, mental, social, emotional, and moral well-being of the participants. It is our objective that these activities in our schools will be a positive force in preparing youth for an enriching and vital role in today's society.

The interscholastic athletic and co-curricular programs are an important and integral part of the total educational curriculum and are open to participation by all students regardless of individual differences. Through voluntary participation, the student will give time, energy, commitment and dedication to the program. The student also accepts the training rules, regulations and responsibilities that are unique to these programs. Most importantly the student must recognize the fact that participation is a privilege, not a right; and that his/her privilege can be denied. The concepts of self-discipline and individual responsibility are inherent for success in high school and middle school athletics. Students who will not discipline their minds and bodies for such participation compromise the objectives of the interscholastic/co-curricular program and fostering of athletic/academic excellence at Ellenville Central School District.

INTRODUCTION

It is an honor to be selected as a team member and to represent Ellenville Central School District. Only those students that maintain their eligibility at Ellenville High School and Middle School may become a member of an athletic team. Therefore, being an athlete presumes responsibility to yourself, your family, your teammates, your coaches, your school and your community.

An athlete is expected to exhibit exemplary behavior in school, at home, at all contests, and in his/her personal life. Behavior reflecting discredit to oneself or the athletic program could lead to suspension or dismissal from participation. Every athlete is expected to adhere to the *Athlete's Code of Conduct*.

ATHLETE CODE OF CONDUCT

A firm and fair policy of enforcement is necessary to uphold the regulations and standards of the athletic department. The community, school administrators and the coaching staff feel strongly that high standards of conduct and citizenship are essential in maintaining a sound program of athletics.

All athletes shall abide by the Athlete Code of Conduct, which will earn them the honor and respect that participation and competition in the interscholastic program affords. Any conduct that results in dishonor to the athlete, the team or the school will not be tolerated.

Overview of Code

- I. Eligibility**
- II. Attendance**
- III. Appeal**
- IV. Commitment**
- V. Conduct**
- VI. Care of Uniform & Equipment**
- VII. Transportation**
- VIII. Training Rules**
- IX. Individual Coaches Rules**
- X. Consequences**

- I. ELIGIBILITY: I agree to meet all eligibility requirements and expectations. In addition, I agree to put forth the effort necessary to maintain my eligibility during each season of participation.**

A. STATE ELIGIBILITY REQUIREMENTS FOR ATHLETES

1. Full time student: taking (4) courses and one of those courses must include Physical Education.
2. Eligible according to the requirements of NYSPHSAA
3. New students are eligible according to the NYSPHSAA transfer rules.
4. If the age of nineteen years is reached on or after July 1, the student **may** continue to participate during the school year in all sports.
5. Maintains amateur status according to the requirements of NYSHSAA
6. Eligible for eight (8) consecutive semesters beginning in the semester he/she enters ninth (9th) grade. Athletes who complete the Athletic Placement Process are eligible for up to twelve semesters beginning in seventh grade).

*Full state eligibility requirements can be viewed by going to **www.nysphsaa.org**

B. CITIZENSHIP ELIGIBILITY REQUIREMENTS

1. Because athletes represent their school on and off the field, they are expected to maintain a high level of appropriate behavior. To be a team member is a privilege, not a right.
2. Students may be suspended or dismissed at the coach's discretion for citizenship reasons, including disorderly conduct at athletic events or practice, profanity, promptness, truancy, insubordination, fighting, and other conduct that violates the student code of conduct applicable to all students.
3. If an athlete receives an in school suspension, the athlete must attend but may not participate in the practice or contest during the suspension.
4. If an athlete receives an out of school suspension the athlete may not attend practice or scheduled contests during the suspension. The athlete and parent will be required to sign the athlete's contract (page 14) and meet with the Director of Health Physical Education and Athletics to remain in the activity.

Subject: ELIGIBILITY FOR THE PARTICIPATION IN ATHLETICS AND CO-CURRICULAR ACTIVITIES

Success in the classroom and adherence to school discipline policies are expected of all students who participate in athletics and co-curricular activities. To be eligible for participation, students must be in good standing in academics, behavior, and attendance.

Ineligible

A student will be deemed eligible for participation if he or she is failing two or more classes as set forth in paragraphs A, B or G below.

Academic

- a) In order to remain eligible for participation in Athletics and Co-Curricular Activities students must not be failing two or more classes.
- b) If a student is failing two or more classes at the end of the ten-week marking period, he/she will be ineligible for three (3) weeks and placed on the ineligibility list. The ineligibility list will be published within five (5) days of the end of the marking period.
- c) During this three week period the student cannot attend practices, scrimmages or play in any athletic events or participate in co-curricular activities. It is the responsibility of the ineligible student to talk to their teachers and guidance counselors for assistance in improving their academic standing.
- d) After two (2) weeks of ineligibility it is the responsibility of the ineligible student to apply for the reinstatement of eligibility status by completing an Academic Standing for Eligibility form available in the High School Principal's office and the Student Support Center. In order to become eligible, the student must be passing all but one class or the student will continue to be ineligible.
- e) Parents and student will be notified of ineligibility and reinstatement status by Building Principals.
- f) The Principal and Director of Health, Physical Education and Athletics, when applicable, shall review the completed form for reinstatement.
- g) Students who are failing two or more classes in the last marking period of the school year will serve a five week academic probation period beginning the first day of the new school year. During probation, students may participate in athletic and/or co-curricular events. After the five week probation, if the student is failing two or more classes, the student will become ineligible. Students may attend summer school in order to pass failed subjects and become eligible upon submission of proof of successful completion of such subjects.

Behavioral

- a) A violation of the Code of Conduct may result in suspension from the activity in addition to any other consequences given by the District.
- b) Students are ineligible if they owe detentions. Once a student has completed all outstanding detentions assignments they shall become eligible.
- c) Any student placed in In-School Suspension (ISS) is ineligible to practice and/or play in a game or participate in co-curricular activities while in ISS.
- d) Any student who is given an out of school suspension may not practice and/or play and/or participate in co-curricular activities for the duration of the suspension, including intervening weekends. In addition, the student will not be allowed on school or district grounds to attend any school or district sponsored activity or function for the duration of the suspension.

II. ATTENDANCE

- a) All students must be in attendance for the entire school day in order to be able to practice and participate in activities unless they have a written legal excuse as identified in the Attendance policy.
- b) A student must attend school regularly and be in attendance for all classes scheduled. Students who have unexcused absences on record during a school week will have three school days from the day of the unexcused absences (s) to clear the unexcused absence (s). If the unexcused absence is not cleared after the third day, the student will be ineligible to participate in all subsequent activities, practices and/or games, beginning the next school day until the excused absence is cleared.

PRACTICE/CONTEST ATTENDANCE

- a) Promptness is expected. All athletes shall report to practices and contests at the time designated by their coach.
- b) Athletes must attend all practices and contests.
- c) Athletes must participate in scheduled physical education class in order to practice or play in a contest on that same day.

III. Appeal

Any student that feels that his/her circumstances are extraordinary may submit an appeal, in writing to the Superintendent of Schools or designee within five (5) school days of notification of ineligible status. During the appeal process, the student may not practice or play and/or participate in co-curricular activities.

A copy of this policy will be distributed to all student athletes, students participating in co-curricular activities and their parents/guardians, professional

staff and coaches. This policy will be explained to student athletes prior to participation in the athletic program and to students participating in co-curricular activities prior to commencement of such participation.

IV. COMMITMENT: I agree to make a firm commitment to my teammates, my coach, my school, and myself.

A. COMMITMENT TO THE TEAM

1. Once a commitment to a school team has been made, a player must follow through with this commitment. It is unfair to teammates and coaches to leave a team in mid-season. It is also unfair to other aspiring players who have failed to earn a place on the team. Failure to attend practices, unless previously discussed with the coach or Director of Health, Physical Education and Athletics, will be interpreted as a lack of commitment and may lead to dismissal from the team. Athletes are responsible to personally talk to their coach regarding the potential of missing a practice session.

B. TRANSFER TO ANOTHER TEAM: A student may transfer to another athletic team ONLY if (s) he:

1. Has the consent of the present coach.
2. Has the consent of the new coach.
3. Has not made any other team transfers that school year.

C. LACK OF COMMITMENT

1. If a player quits or is dismissed from a school team after the eligibility lists are submitted or the first game has been played: **THAT PLAYER IS INELIGIBLE TO PLAY FOR ANY SCHOOL TEAM IN THAT SPORT SEASON.**

*Approval from Director of Health, PE, and Athletics is needed in order to participate in future sports.

2. If an athlete quits or is dismissed from a team, she/he may request a hearing, as outlined in the DUE PROCESS PROCEDURE on page 11 of this handbook.

V. CONDUCT: I shall adhere to all rules and responsibilities as outlined by the school and my coach. I understand that incidents of misconduct in or out of school may have a definite effect on my participation on the athletic team.

A. APPEARANCE & DRESS: The appearance and dress of all athletes for practices and competitive events will comply with those requirements established by the school.

B. DEPARTMENT & SPORTSMANSHIP

1. As role models to their peers and as representatives of their school, athletes shall exhibit respect for all teachers, students, and property (both school and personal).
2. All athletes will display good sportsmanship at all times.
3. Inappropriate language, gestures, and actions will not be tolerated, e.g., “in your face” gestures or actions after scoring.
4. All athletes will be aware of and adhere to the sportsmanship policy outlined by NYSPHSAA or receive the indicated disciplinary action. See pages 15 and 16 of this handbook.
5. The Ellenville Central School, Director of Health, PE, and Athletics and our coaching staff will not tolerate any form of hazing, harassment or aggressive behavior towards members of any team.

VI. CARE OF UNIFORMS & EQUIPMENT: I accept responsibility for all equipment that is issued to me by the school. Further, I agree to properly use all team equipment.

A. CLEANING AND GOOD REPAIR

1. The student is expected to keep all uniforms and equipment clean and/or in good repair.
2. It is important to maintain the good condition of the equipment for the athlete's safety.
3. ALL EQUIPMENT MUST BE RETURNED CLEAN AND IN GOOD REPAIR NO LATER THAN ONE (1) WEEK AFTER THE LAST CONTEST.

B. FINANCIAL REPSPONSIBILITY

1. The student athlete is financially responsible for all equipment issued.
2. Should (s)he fail to return issued item(s), the athlete must reimburse the district for the replacement cost.
3. THE STUDENT WLL NOT BE PERMITTED TO CONTINUE PARTICIPATION IN THE SPORTS PROGRAM UNTIL THE ITEM(S) ARE RETURNED OR REIMBURSEMENT IS MADE.

C. POST SEASON LOCKER CLEANOUT

1. Post-season locker clean out is a mandatory requirement.
2. If athletes fail to clean out their lockers within the designated period of time, coaches will remove the locks and upon due notice delivered personally or by first class mail dispose of items in locker.

VII. TRANSPORTATION & AWAY CONTESTS: I agree to follow the transportation policy established by the school. I will adhere to the additional requirements established by my coach and the athletic department.

A. TRANSPORTATION

1. It is expected that all athletes will travel to and from all "away games" on the team bus. This is done for purposes of team unity, attendance, and insurance. The school has the responsibility to return the athletes to the school district. Only with a parent's or legal guardian's written permission may a student be released to the parent. Student athletes are not permitted to drive a vehicle to an athletic contest. In addition, parents are responsible to sign the appropriate paperwork at the away contest, prior to the athlete's dismissal. Furthermore, in the event that special circumstances arise which require an athlete to be released from an away contest to an adult other than the athlete's parent or legal guardian, a written request must be brought into the Director of Health, Physical Education and Athletics for approval prior to the day of the contest.

2. Any deviation from the above regulations must accompany a written request, in advance, from parent or guardian of the participant and receive written permission from the building principal and Director of Health, PE and Athletics.
3. Coaches are responsible for the supervision of the student athletes on the bus. While riding the bus, athletes are to follow the school behavior policy and any additional requirements established by the coach.
4. No undue noise, shouting, or whistling inside or out the windows of the bus is permitted.
5. Cleats and spikes are not to be worn on the bus.
6. Athletes should apply hair spray, cologne, and/or perfume off the bus.
7. No open food or beverages will be allowed on the bus without the consent of the coach and bus driver.
9. Athletes are expected to pick up after themselves upon completion of a trip before they exit the bus.
10. Any problems arising during a trip shall be reported to the Director of Health, Physical Education, and Athletics.

B. TEAM PROCEDURES AT VISITED SCHOOLS

1. At away contests locker rooms will be kept neat, clean and undamaged. To ensure this practice, athletes should enter and leave visited schools together. The locker rooms are to be checked by both coaches at the conclusion of a contest.
2. No athlete may wear cleats or spikes in any building.

VIII. TRAINING: I understand that proper training is essential to my performance. I agree to adhere to the training regimen established by the coaching staff.

A. PHYSICAL CONDITIONING: The coach for pre-season/season/off-season will establish the physical conditioning requirements for team members.

B. HEALTH HABITS

1. Athletes are expected to follow a balanced, nutritional diet.
2. Athletes are expected to provide for adequate rest and sleep within their daily schedule.
3. Athletes shall not abuse the use of prescription drugs. Any inhalers or other medications needed during practices and/or contests shall be kept by the coach, in the medical kit to ensure availability if necessary. Self-medication forms must be on file with the Nurse's office.
4. Athletes shall notify the school nurse and the coach during the sports season of the use of prescription drugs.
5. Athletes shall not consume or use alcohol, tobacco, steroids, and/or other illegal drugs.
6. Athletes shall not buy, sell, give away, or have in possession any substance defined by law as illegal.

C. ACCIDENTS & INJURIES

1. Because many injuries can be more serious than they outwardly appear, athletes must report all injuries to the coach.
2. Athletes should notify the coach if they are planning to go or have gone to see a doctor regarding the athletic injury. They must communicate with the coach if they went to a doctor and share the details of the visit.
3. An athlete will be transported to the hospital if hospital treatment is necessary in the opinion of the coach, first aid staff, and/or school nurse. The coach or staff shall attempt to contact the parent of the athlete as soon as possible. (S)he will be accompanied by a coach or district official (in the absence of the parent). This individual will remain with the athlete until the parent arrives. Under no circumstances will the remainder of the team be left unsupervised. If it is necessary for a bus driver or other uncertified individual to supervise the players, the contest or practice will cease.
4. If an athlete is absent or does not participate because of an injury or illness for five days or more, the nurse will complete an initial re-evaluation and determine whether the athlete may resume participation or an additional medical release from the school or athlete's physician is required. No athlete will return to play before this re-examination/and approval is granted.
5. An athlete who has been excused from physical education for medical reasons may not participate in a contest or practice on the day (s)he is excused.

IX. INDIVIDUAL COACHES

ADDITIONAL RULES

1. Coaches may establish additional rules and expectations with the approval of the Athletic Director for their respective sports.
2. Additional rules for a particular sport must be stipulated in writing to all team members and parents.
3. Additional rules will be fully explained at the start of the season.

A. PENALTIES OF ADDITIONAL RULES

1. Penalties for violation of team rules will be in writing.
2. The coach shall administer penalties.

X. CONSEQUENCES for ATHLETIC CODE VIOLATIONS:

A. I realize that my choices have consequences. I accept that as a result of any infractions or violations of the Athletic Code of Conduct, that it is the Coaches/Director of Health/PE/Athletics discretion as to what discipline shall be imposed.

B. Due Process Procedure

DUE PROCESS PROCEDURE:

1. If an athlete is not satisfied with the discipline imposed by the coach, he/she may request of the Director of Health, Physical Education and Athletics a hearing with the coach, the director and principal. Parents may be present.
2. If a suspension from activity is for more than five days, the athlete and parents are entitled to a hearing with the principal, including legal counsel for the athlete if so requested.
3. If parents are not satisfied with the results of the hearing in (2), they may appeal to the Superintendent and finally to the Board of Education.

CHOICE & CONSEQUENCE

I.

CODE OF CONDUCT	1 ST INFRACTION	FLAGRANT OR 2 ND INFRACTION
<p>ELIGIBILITY</p> <p>State Requirement</p>	<p>Student is immediately and automatically dismissed from the team with no appeal permitted.</p> <p>Refer to the New York State Public High School Handbook</p>	
<p>TARDINESS TO SCHOOL</p> <p>Late for Practice</p> <p>Late for Game</p>	<p>An athlete who signs in after 4th period will be considered absent. The athlete cannot practice or compete in a contest.</p> <p>Coach's discretion</p> <p>Coach's discretion</p>	<p>Flagrant tardiness to school will be subject to suspension or dismissal</p> <p>Behavior to be reviewed by Director of Health/PE/Athletics and coach. Possible suspension or dismissal</p> <p>Same as above</p>
<p>CITIZENSHIP REQUIREMENT</p>	<p>If an athlete receives IN-SCHOOL SUSPENSION, the athlete must attend but may not participate in the practice or contest during the suspension.</p> <p>If an athlete receives OUT OF SCHOOL SUSPENSION, the athlete may not attend practice or scheduled contests during the suspension.</p> <p>Athlete and parent must sign the Athlete's Contract to remain in the activity.</p>	<p>For a flagrant violation or a second infraction, the athlete will be dismissed from the team.</p>
<p>ACADEMIC</p>	<p>See Page 5</p>	
<p>ATTENDANCE</p> <p>Absent From Practice</p> <p>Absent from Game</p>	<p>Absent from practice without an excuse. Coach's discretion.</p> <p>Coach's discretion</p>	<p>Behavior to be reviewed by Director of Health/PE/ and Athletics and Coach. Possible suspension or dismissal.</p> <p>The Athlete and parent must sign the Athlete's contract to remain in activity.</p> <p>Same as Above</p>
<p>COMMITMENT</p> <p>Quitting a Team</p>	<p>Withdrawal from all athletics for that sport season.</p>	

Dismissal from Team	Approval from the Athletic Director is needed in order to participate in future sports. Same as above	
CODE OF CONDUCT	1 ST INFRACTION	FLAGRANT OR 2 ND INFRACTION
CONDUCT	The athlete and parent must sign the Athlete's Contract to remain in the activity.	For a flagrant violation or a second infraction, the athlete will be dismissed from the team
CARE OF UNIFORM & EQUIPMENT	If uniform or equipment is damaged or lost, the athlete must pay for the replacement cost of the item(s).	If not returned, the athlete may not participate in the school sports program until the items are returned or replaced
TRANSPORTATION Away Contests	Coach's discretion	Behavior to be reviewed by Director of Health/PE/Athletics and Coach. Possible suspension or dismissal. Athlete and parent must sign Athlete's Contract to remain in the activity.
TRAINING Physical Conditioning & Health Habits	Consultation with Athlete	Athlete Contract
Abuse of Drugs & Use of Illegal Substances	Automatic 2 week suspension from team. Mandatory 3 week follow up counseling and or treatment	Dismissal from the team.

Ellenville Central School District

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The **INTERSCHOLASTIC ATHLETIC CONTRACT** is a contract an athlete must sign after (s)he has violated the Athlete Code of Conduct. Signing the Athlete's Pledge is a personal commitment of that individual to adhere to the Athlete Code of Conduct. When a student athlete violates this code, (s)he must sign and adhere to the Athletic Contract in order to remain on the team. If that contract is broken, the student athlete will be dismissed from that team.

Athletic Contract

I, _____, understand that as a consequence of my actions on _____, I have violated the Athlete Code of Conduct which I pledged to follow. I also understand that as a result of this violation, I will be _____.

I agree to follow all school, Interscholastic Athletic program, and team rules. **I understand that if I choose to violate any rules, I will receive the consequence of dismissal from the team for the remainder of the season.**

Student Signature

I, _____, the parent/guardian of this student, have read, understand, and agree to the terms of this contract.

Parent/Guardian Signature

Date

SECTION IX

Unsportsmanlike Conduct Rule

Sportsmanship: The NYSPHSAA and Section IX recognize and appreciate that the influence and responsibility of the school administration with regard to good sportsmanship extends to all levels of competition. However, it must also be seen that the NYSPHSAA AND Section IX has been vested with the responsibility to ensure that all contests under its jurisdiction are conducted satisfactorily. This standard applies to all regular season and post schedule play.

I. Coach (There is no appeal to a coach ejection. The official's decision is final). (Please refer to the NYSPHSAA Handbook – Sportsmanship; Standard 27b): 1. Any coach excluded by a certified official from an interschool competition for unsportsmanlike conduct is ineligible to coach any interschool competition in that sport until after the next previously scheduled contest at the same level (e.g. junior varsity, varsity, etc.) has been completed. **The coach may not be present at the game site. NOTE:** “Not being physically present at the site” means the disqualified coach is not to be present in the locker room, on the sidelines, in the stands or site area before, during or after the game/meet.

2. A coach who strikes, shoves, kicks or makes other physical contact with the intent to do so to another person (e.g. official, another coach, player, and fan) shall be expelled immediately and banned from further participation or coaching in all sports for one year from the date of the offense.

3. The coach that was ejected will notify his/her Director of Health, PE and Athletics of the incident on the same day that it occurred. The Athletic Director will then contact the League Coordinator as the coach(s) will not be allowed to participate in the school's next scheduled game/games as above.

II. Player Ejections: (There is no appeal to a player ejection. The official's decision is final).

1. Any member of a squad ruled out of a contest for unsportsmanlike conduct (flagrant foul, two technical fouls in basketball, two yellow cards, red card, inappropriate language or taunting, fighting, etc.), the following action is **required** by the NYSPHSAA Regulations detailed in Standard #27b: A. First Ejection – that player(s) cannot attend or participate in the next scheduled contest **in that sport**. If the season has ended the player(s) cannot attend or participate in the next scheduled contest in his/her next season of participation.

B. Second Ejection – that player(s) cannot attend or participate in the next two scheduled contests **in that sport**. If the season has ended the player(s) cannot attend or participate in the next two scheduled contests in his/her next season of participation.

C. Third Ejection – that player(s) cannot attend or participate in any remaining scheduled contests for the remainder of that sports season – including sectional, regional and state contests. If the season has ended the player(s) cannot attend or participate in the next three scheduled contests in his/her next season of participation.

Please note: Disqualifications from one season will carry over to the next season of participation.

Section IX By Laws

2. Any member of the squad who strikes, shoves, kicks or makes other physical contact with the intent to do so to an official shall be expelled from the game immediately and banned from further participation in all sports for one year from the date of the offense. **NOTE:** "Member of the squad" includes player, manager, scorekeeper, timers, and statisticians.

3. Communication Responsibilities regarding ejections:

A. The coach of the player(s) who was/were ejected will notify his/her Director of Health, PE and Athletics by 12 noon the following day. The Athletic Administrator must report the ejection to their respective League Coordinator by 12 noon the following day.

III. Official:

1. Unprofessional conduct on the part of official such as, but not limited to, taunting, baiting, use of profanity, shall be reported by a school administrator from the aggrieved school to the Section Executive Director. A request will be made to the appropriate sport officials' chapter to investigate the incident and to report their action to the Section in a timely manner.

2. The official who ejected the player(s) or coach shall notify the League Coordinator prior to 12:00 Noon the following day of the name(s) of the player(s) or the coach and the infraction(s). The League Coordinator shall notify the Athletic Director of the offending school.

Varsity Letter Criteria

To receive a varsity letter you must participate in all practices and be on the game roster of all games unless legally absent from school or excused by coach.

If injured during the season, when a physician medically clears you, you must return to participation. If medically possible, during the time of injury, all athletes must be attending practices and games unless excused by the coach.

Sport Specific Varsity Letter Criteria

Compete in three matches/meets and attend all post season games/meets that they or the team qualify for.

Girls/Boys Golf

Girls/Boys Skiing

Girls/Boys Tennis

Girls/Boys Cross Country

Compete in six Varsity matches and attend all post season games/meets that they or the team qualify for.

Wrestling

Compete in three quarters of a Varsity game or participate in fifteen plays

Football

Athlete must participate in 85 percent of scheduled games/meets and attend all post season games/meets that they or the team qualify for.

Girls Indoor Track

Boys Indoor Track

Field Hockey

Boys/Girls Soccer

Volleyball

Boys/Girls Basketball

Baseball

Softball

Athlete must participate in 85 percent of scheduled dual meets, 85 percent of invitational meets and attend all post season meets that they qualify for. They must score at least one point. If an athlete participated in 100% of the teams dual meets and invitational meets they can also earn a varsity letter regardless if they score the necessary point.

Girls Spring Track

Boys Spring Track

When an athlete is moved from a Junior Varsity team to a Varsity team in the same sport season, a Varsity letter may still be earned. Attendance/game roster requirements will be calculated by using the number of contests remaining at the time of the move. For example, if an athlete moves to a Varsity team, and that Varsity team has three events remaining, the athlete must, participate or be on the game roster for 85 percent of the three remaining scheduled events. If questions arise as to the calculation of the determined Varsity or Junior Varsity letter, parents may appeal to the Director of Health, PE and Athletics.

Overview of Procedures & Documents

- I. **PHYSICAL EXAMINATION:** Each athlete must pass a physical examination within a 12-month calendar year prior to participation in any sport. Examination records will be filed in the High School/Middle School Health office as well as the Athletic Office. If physical examination is being given by your own family physician please use form on pages **26 & 27**.
- II. **ATHLETE'S PLEDGE FORM:** Each athlete and parent must sign and return the Athlete's Pledge Form to the Director of Health, PE, and Athletics/Coach in order to compete on an athletic team. This form acknowledges that both the student and the parent have read and understand the Athletic Code of Conduct. This form will also be on file in the Athletic Office. See Page **20**.
- III. **PARENT/STUDENT/INSURANCE FORM:** Each athlete and parent must sign and return this form to the Athletic Director/Coach in order to compete on any athletic team. Permission is granted by the parent(s)/guardian(s) to participate in the sport of their choice. Insurance information is also needed on this form. This form will be on file in the Athletic Office. See page **21**.
- IV. **EMERGENCY MEDICAL CONSENT FORM:** Each parent or guardian must sign and return this form to the athletic office in order to participate in the sport of his or her choice. This form grants necessary medical clearance and permission to duly licensed physicians in the case of injury to your son or daughter. This form will only be needed if the parent(s)/guardian(s) cannot be contacted. The coach must carry this document to all practices and scheduled contests. See page **22**.
- V. **AUTHORIZATION FOR TEAM MEMBERSHIP FORM:** Every athlete must fill this document out completely to prove (s) he is a bona fide resident of the Ellenville Central School District. This form will be on file in the Athletic Office. See Page **23**.
- VI. **INTERVAL HEALTH HISTORY FOR SPORTS PARTICIPATION FORM:** This form must be completed if the athlete had a physical more than one month prior to the first day of practice for the specific sport in which they are participating. This form will be on file in the Health Office and Athletic Office. See page **24-25**.

ELLENVILLE CENTRAL SCHOOL DISTRICT

ATHLETE'S PLEDGE

Each athlete must make a commitment to the athletic program to assure success. We ask that you read the following Athlete Code of Conduct and pledge your commitment to follow these rules and regulations.

- I. **ELIGIBILITY:** I agree to meet all eligibility requirements and expectations. In addition, I agree to put forth the effort necessary to maintain my eligibility during each season of participation.
- II. **ATTENDANCE:** I shall maintain a good attendance record and will adhere to all attendance requirements established by the school and by the coach.
- III. **COMMITMENT:** I agree to make a firm commitment to my teammates, my coach, my school, and myself.
- IV. **CONDUCT RULES:** I shall adhere to all rules and responsibilities as outlined by the school and my coach. I understand that incidents of misconduct in or out of school may impact my participation on the athletic team.
- V. **CARE OF UNIFORMS & EQUIPMENT:** I accept responsibility for all equipment that is issued to me by the school. Further, I agree to properly use all team equipment and will return the school equipment at the end of the season. I accept responsibility for cleaning my uniform and will return the uniform in clean condition with only reasonable wear and tear.
- VI. **TRANSPORTATION & AWAY CONTESTS:** I agree to follow the transportation policy established by the school. I will adhere to the additional requirements established by my coach and the athletic department.
- VII. **TRAINING:** I understand that proper training is essential to my performance. I agree to adhere to the training regimen established by the coaching staff.
- VIII. **CONSEQUENCES for CODE VIOLATIONS:** I realize that with my choices are consequences. If I fail to adhere to the Athletic Code of Conduct I accept the consequences that are given to me.

I have read and understand this Athlete Handbook. YES _____ NO _____

I intend to participate in _____ for the _____.
(SPORT / LEVEL) (SCHOOL YEAR)

Athlete's Name (Please Print)

Athlete's Signature Date

Parent's Name (Please Print)

Parent's Signature Date

RETURN THIS FORM TO THE DIRECTOR OF HEALTH, PHYSICAL EDUCATION AND ATHLETICS
ELLENVILLE CENTRAL SCHOOL DISTRICT

STUDENT PARTICIPATION FORM

STUDENT NAME _____ SPORT _____ SCHOOL YEAR _____

This application to compete in athletics for Ellenville Central School District is entirely voluntary on my part and is made with the understanding that I have read and understand the rules and regulations of participation and that I will abide by them.

I have completed a physical examination within 1 year of my last physical examination and have filed this examination and medical consent form with the Department of Health, Physical Education, and Athletics.

I understand that there risks involved in all athletic participation and injuries do occur. The Ellenville Athletic Department has issued appropriate protective equipment to me. I assume some of the responsibility to prevent injuries from occurring.

Student Signature

Date

PARENT/GUARDIAN PERMISSION FORM

I hereby give my consent of the above-named student to represent his/her school in the athletic activity stated above. This form does not release the school from any negligence. However, this form, with your signature, verifies that you are aware that various injuries do occur while participating in athletics. I understand and assume that there is always a potential risk of injury to our son/daughter while participating in athletics.

I have read the rules and regulations of participation and fully understand them. I further understand that should there ever be a time whereby either my son/daughter or the school is not in accordance with these guidelines, I may request a conference within three calendar days of such time with school personnel – athletic administrator, principal and or coach to discuss the matter further.

Parent's/Guardian's Signature

Date

INSURANCE INFORMATION

Our son/daughter is covered by _____ insurance company.

Group Plan # _____

ID # _____

If your son/daughter is not covered by any insurance please put a check mark on this line. _____

Your son/daughter is also covered under the school's blanket policy plan. Pupil Benefits Plan, Inc.
Student Accident Insurance - Pamphlets are located in the Athletic Office

**RETURN THIS FORM TO THE DIRECTOR OF HEALTH, PHYSICAL EDUCATION, AND
ATHLETICS**

ELLENVILLE CENTRAL SCHOOL DISTRICT

School Health Services



INTERVAL HEALTH HISTORY FOR SPORTS PARTICIPATION

SCHOOL NAME: _____

Prior to the start of tryout sessions or practice at the beginning of each season, a health history review for each athlete must be conducted unless the student received a full medical examination within 30 days of the start of the season.

PART A: TO BE COMPLETED BY THE SCHOOL HEALTH OFFICE

Student: _____ Age: _____
Grade (check): [] 7 [] 8 [] 9 [] 10 [] 11 [] 12 Date of Birth: ___/___/___
Sport: _____ Level (check): [] Varsity [] JV [] Frosh [] Jr. High
Date of last health appraisal: ___/___/___ Limitations: [] Yes [] No

PART B: TO BE COMPLETED BY THE PARENT OR GUARDIAN

Note: "Yes" to any of these questions does not mean automatic disqualification from the athletic activity indicated in PART A above. However, it may require a review and approval by the school physician before the student can report to practice or tryouts.

HISTORY SINCE LAST HEALTH APPRAISAL:

- Allergies (Bee Sting/Medications/Food/Latex, etc.) [] Yes [] No
Does the student carry an Epi-pen® for a life-threatening allergy? [] Yes [] No
Asthma [] Yes [] No
Does the student carry an inhaler? [] Yes [] No
Concussion/Head injury/Seizures [] Yes [] No
Recent injury that requires medical attention or protective equipment? [] Yes [] No
Recent illness lasting longer than one week (ie. Mono) [] Yes [] No
Currently taking medications [] Yes [] No
Diabetes/Hypoglycemia [] Yes [] No
Heart/Blood Pressure Problems [] Yes [] No
Heat Exhaustion or Stroke [] Yes [] No
Hearing Impairment [] Yes [] No
Bleeding Tendency/Anemia [] Yes [] No
Recent Surgery or Hospitalization [] Yes [] No
Kidney/Liver Disease [] Yes [] No
Contact Lenses [] Yes [] No
Is there any medical condition that might be aggravated by playing sports? [] Yes [] No

REQUIRED NYS SCHOOL HEALTH EXAMINATION FORM

TO BE COMPLETED IN ENTIRETY BY PRIVATE HEALTH CARE PROVIDER OR SCHOOL MEDICAL DIRECTOR

Note: NYSED requires a physical exam for new entrants and students in Grades Pre-K or K, 1, 3, 5, 7, 9 & 11; annually for interscholastic sports; and working papers as needed; or as required by the Committee on Special Education (CSE) or Committee on Pre-School Special education (CPSE).

STUDENT INFORMATION

Name:	Sex: <input type="checkbox"/> M <input type="checkbox"/> F	DOB:
School:	Grade:	Exam Date:

HEALTH HISTORY

Allergies No Medication/Treatment Order Attached Anaphylaxis Care Plan Attached
 Yes, indicate type Food Insects Latex Medication Environmental

Asthma No Medication/Treatment Order Attached Asthma Care Plan Attached
 Yes, indicate type Intermittent Persistent Other: _____

Seizures No Medication/Treatment Order Attached Seizure Care Plan Attached
 Yes, indicate type Type: _____ Date of last seizure: _____

Diabetes No Medication/Treatment Order Attached Diabetes Medical Mgmt. Plan Attached
 Yes, indicate type Type 1 Type 2 HgbA1c results: _____ Date Drawn: _____

Risk Factors for Diabetes or Pre-Diabetes:
 Consider screening for T2DM if BMI% > 85% and has 2 or more risk factors: Family Hx T2DM, Ethnicity, Sx Insulin Resistance, Gestational Hx of Mother; and/or pre-diabetes.

BMI _____ kg/m2 **Percentile (Weight Status Category):** <5th 5th-49th 50th-84th 85th-94th 95th-98th 99th and <

Hyperlipidemia: No Yes **Hypertension:** No Yes

PHYSICAL EXAMINATION/ASSESSMENT

Height: _____ **Weight:** _____ **BP:** _____ **Pulse:** _____ **Respirations:** _____

TESTS	Positive	Negative	Date	Other Pertinent Medical Concerns
PPD/ PRN	<input type="checkbox"/>	<input type="checkbox"/>		One Functioning: <input type="checkbox"/> Eye <input type="checkbox"/> Kidney <input type="checkbox"/> Testicle <input type="checkbox"/> Concussion – Last Occurrence: _____ <input type="checkbox"/> Mental Health: _____ <input type="checkbox"/> Other: _____
Sickle Cell Screen/PRN	<input type="checkbox"/>	<input type="checkbox"/>		
Lead Level Required Grades Pre- K & K			Date	
<input type="checkbox"/> Test Done	<input type="checkbox"/> Lead Elevated $\geq 10 \mu\text{g/dL}$			

System Review and Exam Entirely Normal

Check Any Assessment Boxes Outside Normal Limits And Note Below Under Abnormalities

<input type="checkbox"/> HEENT	<input type="checkbox"/> Lymph nodes	<input type="checkbox"/> Abdomen	<input type="checkbox"/> Extremities	<input type="checkbox"/> Speech
<input type="checkbox"/> Dental	<input type="checkbox"/> Cardiovascular	<input type="checkbox"/> Back/Spine	<input type="checkbox"/> Skin	<input type="checkbox"/> Social Emotional
<input type="checkbox"/> Neck	<input type="checkbox"/> Lungs	<input type="checkbox"/> Genitourinary	<input type="checkbox"/> Neurological	<input type="checkbox"/> Musculoskeletal

Assessment/Abnormalities Noted/Recommendations:	Diagnoses/Problems (list)	ICD-10 Code
	_____	_____
	_____	_____
	_____	_____

Additional Information Attached

(26)

Name: _____ DOB: _____

SCREENINGS

Vision	Right	Left	Referral	Notes
Distance Acuity	20/	20/	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Distance Acuity With Lenses	20/	20/		
Vision – Near Vision	20/	20/		
Vision – Color <input type="checkbox"/> Pass <input type="checkbox"/> Fail				
Hearing	Right dB	Left dB	Referral	
Pure Tone Screening			<input type="checkbox"/> Yes <input type="checkbox"/> No	
Scoliosis	Negative	Positive	Referral	
Required for boys grade 9 And girls grades 5 & 7	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Deviation Degree:		Trunk Rotation Angle:		

Recommendations:

RECOMMENDATIONS FOR PARTICIPATION IN PHYSICAL EDUCATION/SPORTS/PLAYGROUND/WORK

- Full Activity without restrictions including Physical Education and Athletics.
 - Restrictions/Adaptations Use the Interscholastic Sports Categories (below) for Restrictions or modifications
 - No Contact Sports Includes: baseball, basketball, competitive cheerleading, field hockey, football, ice hockey, lacrosse, soccer, softball, volleyball, and wrestling
 - No Non-Contact Sports Includes: archery, badminton, bowling, cross-country, fencing, golf, gymnastics, rifle, Skiing, swimming and diving, tennis, and track & field
 - Other Restrictions:
 - Developmental Stage for Athletic Placement Process ONLY
 Grades 7 & 8 to play at high school level OR Grades 9-12 to play middle school level sports
 Student is at Tanner Stage: I II III IV V
 - Accommodations: Use additional space below to explain

<input type="checkbox"/> Brace*/Orthotic	<input type="checkbox"/> Colostomy Appliance*	<input type="checkbox"/> Hearing Aids
<input type="checkbox"/> Insulin Pump/Insulin Sensor*	<input type="checkbox"/> Medical/Prosthetic Device*	<input type="checkbox"/> Pacemaker/Defibrillator*
<input type="checkbox"/> Protective Equipment	<input type="checkbox"/> Sport Safety Goggles	<input type="checkbox"/> Other:
- *Check with athletic governing body if prior approval/form completion required for use of device at athletic competitions.

Explain: _____

MEDICATIONS

- Order Form for Medication(s) Needed at School attached

List medications taken at home:		

IMMUNIZATIONS

- Record Attached Reported in NYSIS Received Today: Yes No

HEALTH CARE PROVIDER

Medical Provider Signature:	Date:
Provider Name: <i>(please print)</i>	Stamp:
Provider Address:	
Phone:	
Fax:	

Please Return This Form To Your Child's School When Entirely Completed.

(27)

Ellenville Central School District

28 Maple Avenue Ellenville, NY 12428

**Provider and Parent Permission to Administer Medication
at School/School Sponsored Events**

To Be Completed By Parent

Student Name: _____ DOB: _____

Grade: _____ Teacher/HR: _____ School: _____

I request the school nurse give the medication listed on this plan; or after the nurse determines my child can take their own medications; trained staff may assist my child to take their own medications. I will provide the medication in the original pharmacy or over the counter container. This plan will be shared with school staff caring for my child.

Parent/Guardian Signature

Date

Email

Phone Where We Can Reach You Check if Cell

To Be Completed By Health Care Provider-Valid for 1 Year

Diagnosis _____

Medication _____

Dose _____ Route _____ Time(s) _____

Recommendations _____ ICD Code _____

Note: Medication will be given as close to the prescribed time as possible, but may be given up to one hour before or after the prescribed time. Please advise if there is a time-specific concern regarding administration.

Independent Carry and Use Attestation Attached (Required for Independent Carry and Use)

NYS law requires both provider attestation that the student has demonstrated they can effectively self-administer inhaled respiratory rescue medications, epinephrine auto-injector, Insulin, carry glucagon and diabetes supplies or other medications which require rapid administration along with parent/guardian permission delivery to allow this option in school. Check this box and attach the attestation to this form to request this option.

Name/Title of Prescriber (Please Print)

Date

Prescriber's Signature

Phone

Email

Stamp

Return to: MS School Nurse Cassandra Mariner, RN

Phone: 845-647-0226; Fax: 845-647-0230; Email: kmariner@ecs.k12.ny.us

or

HS Nurse Billie Spylios, RN

Phone: 845-647-0438; Fax: 845-647-5972; Email: bspylios@ecs.k12.ny.us

31. TRANSFER:

(Foreign Exchange/International #9)

NOTE: The Transfer Rule will be enforced as written with no variations permitted.

NOTE: A student's eligibility is determined by the situation/ facts at the time of registration.

a. A student in grades 9-12 who transfers, with a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months) shall become eligible after starting regular attendance in the second school. A residence change must involve a move from one school district to another. Furthermore, when a student moves from public school district to another public-school district for athletic eligibility the student must enroll in the public-school district or in a private school within that district's boundaries of his/her parent's residency. For athletic eligibility, a residency is changed when one is abandoned by the immediate family and another residency is established through action and intent. Residency requires one's physical presence as an inhabitant and the intent to remain indefinitely. The Superintendent, or designee, will determine if the student has met district residency requirements.

b. A student who transfers without a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months prior) is ineligible to participate in any interscholastic athletic contest in a particular sport for a period of one (1) year if as a 9-12 student participated in that sport during the one (1) year period immediately preceding his/her transfer. Students who transfer from any school to the public school district of the residence of his/her parents (or other persons whom the student has resided for at least six months) or a private school within that district's boundaries shall receive a waiver from the

TABLE OF CONTENTS

ASK NYSPHSAA [\[CLICK HERE \]](#)

48 | Page



Transfer Rule. Such a transfer without penalty will only be permitted once in a high school career. **Schools must submit the required transfer form to the Section office. Athletes are not permitted to practice before the form has been submitted. Athletes are not permitted to compete without approval.** NOTE: A student in a foreign exchange program listed by CSIET has a one-year waiver of the Transfer Rule. If such a student elects to stay a second year he/she becomes a foreign student at the start of the school year with item (b) in effect.

Exemptions to (b):

For athletic eligibility, a student must enroll in the public-school district or in a nonpublic school within that district's boundaries of his/her parent's residency. **Note: Multiple High School Districts - The policies/boundaries of the school district will be followed. If the district has an open enrollment policy, the interpretation to be used will be the same as used for students of K-8 school districts. When a student enrolls in 9th grade, this is the district (building) of their residence. Any subsequent transfer would be subject to the Transfer Rule.**

1. The student reaches the age of majority and established residency in a district and can substantiate that they are independent and self-supporting.
2. If a private or parochial school ceases to operate a student may transfer to another private or parochial school of his/her choice. Otherwise, a student must enroll in the public-school district of his/her parents' residency.
3. A student who is a ward of the court or state and is placed in a district by court order. Guardianship does not fulfill this requirement.
4. A student from divorced or "legally" separated parents who moves into a new school district with one of the aforementioned parents. Such a transfer is allowed once every six months. The legal separation agreement must address custody, child support, spouses support and distribution of assets and be filed with the County Clerk or issued by a Judge.
5. A student who is declared homeless by the superintendent pursuant to Commissioner's Regulation 100.2.
6. A student of a military employee who is transferred to an active military base may enroll in the non-public school closest to their residence and maintain eligibility if the student enrolls in a non-public school immediately following the change in residence.

NOTE: It is provided, however, that each school shall have the opportunity to petition the section involved to approve transfer without penalty based on an undue hardship for the student. Educational Waivers will not be considered as an undue hardship effective for the 2015-2016 school years.

c. Transfer students trying out for sports before school opens in the fall shall register and be accepted by the principal of that school before the medical examination and the first practice. This shall constitute the start of the regular attendance for falls sports. NOTE: After approval by the school medical officer a student may practice immediately and must satisfy the specific sports standard according to the number of practice sessions.

APPENDIX A.

d. Practices at the previous school may be counted toward the minimum number of practices required provided the principal or athletic director of the previous school submits, in writing, the number and dates of such practices to the principal or athletic director of the new school.

e. 7th and 8th graders that compete at the high school level will be subject to the transfer rule in "that" sport (effective with the 2017-2018 school years).

Transfer Appeal Guidelines:

Financial - Appeals require documented proof of a significant loss of income or a significant increase in expenses.

- Written description outlining the circumstances that led to the financial hardship
- Appropriate documentation may include:
 - Evidence of loss income or change in financial obligation that are not self-imposed.
 - Family W2 forms – pay stubs
 - Notarized statement from parent
 - Statement from employer or professional with knowledge of circumstances
 - Most recent tax returns- two years

Health and Safety - Appeals are considered for safety, mental health, personal relationships and other similar circumstances.

- Written documentation is required from Superintendent of Schools or High School Principal of the sending school indicating the specific circumstances which necessitated the transfer.
- Supporting documentation from a third party outside of the school may be submitted (ex. police report)

[TRANSFER RULE VIDEO INTERPRETATION]

